



Curry

It comes from a plant and is commonly used to flavor soups, stews, sauces, marinades, meat, and vegetables.



Turmeric

It comes from a root and can be found in many kinds of meat dishes, soups, teas and sauces.



Cumin

It comes from a seed and can be found in recipes, like chili, stews, meat, fish, and vegetables. It is found in curry.



Ginger

Ground ginger comes from a root and can be used to make gingerbread, gingersnap cookies and pies.